

# Physical Exam Paperwork Instruction and Check-off Sheet

## Personal Data Sheet

- \_\_\_\_\_ Fill out student information
- \_\_\_\_\_ Fill out emergency contact information
- \_\_\_\_\_ Circle year in school for the up coming fall
- \_\_\_\_\_ Circle YES or NO to allergies, please explain if YES
- \_\_\_\_\_ Circle YES or NO to questions, please explain if YES
- \_\_\_\_\_ Sign and date at bottom

## Assumption of Athletic Risk and Responsibility

- \_\_\_\_\_ Fill out header with date, name and social security number
- \_\_\_\_\_ Read, sign and date below
- \_\_\_\_\_ Have witness verify your signing

## Substance Abuse Policy

- \_\_\_\_\_ Read policy and fill in name and sport
- \_\_\_\_\_ Sign and date
- \_\_\_\_\_ Parent signature is needed if athlete is under 18

## NCAA Release of Information

- \_\_\_\_\_ Fill out header with name, social security number and date of birth
- \_\_\_\_\_ Sign and date below
- \_\_\_\_\_ Have witness verify your signing

## Physical Exam Sheet

- \_\_\_\_\_ Fill out header with name, social security number, year in school and date
- \_\_\_\_\_ DO NOT FILL OUT BELOW FIRST SET OF DOUBLE LINES

## Health History-Initial

- \_\_\_\_\_ Fill out header with name, social security number, year in school and date on all 4 pages
- \_\_\_\_\_ Answer the Y/N questions on the left hand side of all 4 pages
- \_\_\_\_\_ DO NOT write on the right hand side, this is PHYSICIAN USE ONLY
- \_\_\_\_\_ Sign and date next to ATHLETE SIGNATURE on the bottom of page 4
- \_\_\_\_\_ DO NOT STAPLE

## Proof of Insurance

- \_\_\_\_\_ Fill out header with name, social security number, date of birth and sport on both pages
- \_\_\_\_\_ Enter information asked from insurance card
- \_\_\_\_\_ Check YES/NO to declining NIU Student Insurance

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Sign and date the bottom of page 1  
Read, sign and date informed consent on page 2  
Copy front and back of insurance card (making sure it is legible)  
and paste (not staple) to back of page 2 where instructed